

# LOWESTOFT CATHOLIC PARISH -OUR LADY STAR OF THE SEA & ST NICHOLAS

**Presbytery:** 19 Gordon Road, Lowestoft, NR32 1NL Tel: 01502 572453

**Parish Priest, Rev. Paul Chanh, 07414 735102 (text message only)**

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[www.ourladylowestoft.com](http://www.ourladylowestoft.com) <http://www.catholiceastanglia.org>

**Deacon:** Rev. Stephen Pomeroy

Sat 26 Sep	5:00 pm	Confessions before Mass OLSS Mass (Open to the Public)	David Nicholls dec'd
Sun 27 Sep <b>26th Sunday</b>	09:00 am 10:30 am	Saint Nicholas Mass (Open to the Public) OLSS Mass (Open to the Public)	Priest's Intention People of the Parish
Mon 28 Sep		No Masses	
Tues 29 Sep	12:15 pm	OLSS Mass (Open to the Public)	Joseph Aspinall dec'd
Wed 30 Sep	09:15 am	OLSS Mass (Open to the Public)	Priest's Intention
Thu 1 Oct	09:15 am	Saint Nicholas Mass (Open to the Public)	Priest's Intention
Fri 2 Oct	12:15 pm	Requiem Mass for Avril Rickarby <b>NOT OPEN TO THE PUBLIC</b>	<b>Covid 30 limit – Family and invited attendees only</b>
Sat 3 Oct	05:00 pm	OLSS Mass (Open to the Public)	Priest's Intention

## SOME NEW TRACK AND TRACE ARRANGEMENTS THIS WEEKEND

We are starting the recording of details of people attending. One person for each household must enter a surname and phone number on the form provided. Pens will be provided but please bring your own to save us having to sanitize our pens after use. The sheets will be kept for 21 days and the data supplied to NHS Track & Trace if anyone attending later reports Covid symptoms.

You will also see the QR Code for the NHS Track & Trace App. If you have the App on your mobile phone please use it to log your presence at the Church. To find out more about this please read the documents attached this bulletin. The Diocese as well as the Government is encouraging us to download and use the App.

## SOME THINGS WE ARE NOT DOING WELL!

**When leaving after Communion people are getting much too close to each other. Please observe the following:**

**When leaving do not stop at the tables to sanitize your hands**

**When leaving down the side aisle on the Hall side, leave by the Hall door – DO NOT cross to go out of the main doors**

**At all times keep at least 1 metre behind the person in front of you**

## **MASS WITH SOCIAL DISTANCING**

Last Sunday at Our Lady's we were down to the last couple of seats so we may have to use the Hall overflow where we have a large projection screen and sound system to relay the live video stream of the Mass and 45 chairs spaced at 1 metre. Attendees will be invited in to the church by stewards for Communion.

If you are planning to come for the first time, these are the points you need to bear in mind.

1. The Sunday obligation to attend Mass has been relaxed. Consider coming to a weekday Mass if it will be easier for you. Masses continue to be streamed via the Our Lady Lowestoft website.
2. If you have any Covid symptoms or have had a test and are waiting for the result, the stewards will ask you to return home.
3. You must wear a mask or face covering in church. Please bring your own, if you have one, so we don't have to use up the church's supply
4. The church toilets will be closed at both churches, excepting at the 10:30 Sunday Mass at OLSS and then only the disabled person's toilet will be open. This is because of safety and cleaning requirements.
5. You may not be able to sit in church where you would like.
6. You must sanitize your hands with the gel provided when you enter **but we have dropped the requirement to sanitize when you leave, because it caused bunching by the tables and people getting too close to each other.**
7. There is no singing. The organ may be playing for you **to listen only.**
8. Communion will be in one kind and with the Host given to you by dropping gently on your hand with your arm outstretched.
9. **We ask you to stay in your pew until the stewards indicate when to come out for Communion.**
10. There are two standing Perspex screens so the priests do not have to wear a visor when distributing communion.

## **CONFESSIONS**

Confessions are available before the 5pm Saturday Mass. They now take place in the Sacristy. There is no queuing system so please speak to Father Paul if you wish to confess.

## **WEDDINGS, BAPTISMS, FUNERALS**

Please note that weddings are now limited to 15 attendees and baptisms and funerals are limited to 30 attendees, even if they take place during a Mass.

## **AVRIL RICKARBY'S FUNERAL**

This will be for family and invited friends only because of the 30 numbers limit. There will be an open Mass for the repose of her soul at 12:15 pm on Tuesday 13<sup>th</sup> October.

## **PRAY FOR THOSE WHOSE ANNIVERSARIES OCCUR ABOUT THIS TIME:**

Lilian Tyson, Mary Kerr, Monica Kinder, May Howard, Michael Browne, Ethel May Blowers, Sheila Baker, Eunice Smith, Mary Catling, Hilda Barton, Phiomena Pelosi Capaldi, Gustave de Block, Marjorie Armitage, Edward Lockwood, Beatrice Franklin, Frank Hayhoe, Phyllis Marlam.

## **CHILDREN'S LITURGY**

The usual papers are attached.

## **SPONSORED RIDE AND STRIDE FOR SUFFOLK HISTORIC CHURCHES TRUST**

Chris & Janet Brooks would like to thank all sponsors and donors who raised £271-32 for the Suffolk Historic Churches Trust Ride & Stride. This means our parish should receive back £135-66 for our funds.

## **THINKING ABOUT BECOMING A CATHOLIC**

Thinking about becoming a Catholic, or wanting to know more about Catholic Christianity. RCIA Zoom lessons will start on Thursday 1st October. Anyone wanting to join please send an email to Lucy - [lmewalker@gmail.com](mailto:lmewalker@gmail.com) for the Zoom link.

## **CAFOD UPDATE**

Thank you for your generosity in supporting CAFOD'S request for funds for Beirut and the Corona Crisis. As we move into the tail end of this extraordinary year, CAFOD has produced some resources to help us celebrate Creation. We still have a wonderful planet, but God's handiwork needs our help too. Visit [cafod.org.uk/novena](https://cafod.org.uk/novena) to view their online resources including a very special Novena. CAFOD is also campaigning to get the debt owed by the poorest nations cancelled so that the money saved could be spent on vital health needs. The World Bank and IMF meet in October so you have time to research and support this call to **Cancel the Debt**. All details on CAFOD's home page.

## **PRAYER AND LISTENING MINISTRY**

Are you a good listener? Do you have compassion for others in need? The Diocese of East Anglia is initiating a Catholic Listening and Prayer Ministry to provide confidential support to those wishing to share their concerns with a trustworthy helper. Full training and supervision will be given to those who wish to be part of this new ministry after a simple interview process. If you feel you may have the empathy, availability and agreement with Church teaching, please email [mflc.eastanglia@yahoo.co.uk](mailto:mflc.eastanglia@yahoo.co.uk)

## **COMMENTARY SIDE OF BULLETIN & SUNDAY PLUS**

What you would have seen on the commentary side of the bulletin is attached as is this week's Sunday Plus.