

LOWESTOFT CATHOLIC PARISH -OUR LADY STAR OF THE SEA & ST NICHOLAS**Presbytery:** 19 Gordon Road, Lowestoft, NR32 1NL Tel: 01502 572453**Parish Priest, Rev. Paul Chanh, 07414 735102 (text message only)**email: paulchanh@yahoo.comwww.ourladylowestoft.com <http://www.catholiceastanglia.org>**Deacon:** Rev. Stephen Pomeroy

Sat 17 Oct	5:00 pm	Confessions before Mass OLSS Mass (Open to the Public)	Marie Fernando dec'd
Sun 18 Oct 28th Sunday	09:00 am 10:30 am	Saint Nicholas Mass (Open to the Public) OLSS Mass (Open to the Public)	Priest's Intention The People of the Parish, with special thanks to all who are helping our two churches to comply with the corona regulations
Mon 19 Oct		No Masses	
Tues 20 Oct	12:15 pm	OLSS Mass (Open to the Public)	Peace in Armenia & Azerbaijan
Wed 21 Oct	09:15 am	OLSS Mass (Open to the Public)	Priest's Intention
Thu 22 Oct	09:15 am	Saint Nicholas (Open to the Public)	Priest's Intention
Fri 23 Oct	12:15 pm	OLSS Mass (Open to the Public)	Tony Long dec'd
Sat 24 Oct	05:00 pm	OLSS Mass (Open to the Public)	Jose Ximenes dec'd

TRACK AND TRACE ARRANGEMENTS

After sanitizing your hands when coming in to church please be ready to record your contact details, on the sheets provided or by using your mobile phone and the QR Code.

URGENT - HELP REQUIRED TO PROJECT LIVESTREAM OF MASS INTO STELLA MARIS HALL

So far, we have not needed to use the Hall as a church overflow but last weekend we had 70 people in Our Lady's and only a couple of seats left. At present Tony Walmsley is the only person familiar with the set-up. If he is not at Mass it might not be possible to use the Hall as an overflow and if the church was full, we would have to turn people away.

We need other people who could start the Hall transmission going. All the kit is there and ready. It needs someone with a Facebook Account who is also a member of Our Lady's

Facebook Members Group to log on, it is easy to join if you are not a current member of the Group. The rest is straightforward but Tony would show you how it is done. If you could be on stand-by to help, please respond to Tony Walmsley (ajwpmw@gmail.com).

MASS WITH SOCIAL DISTANCING

If you are planning to come for the first time, these are the points you need to bear in mind.

1. The Sunday obligation to attend Mass has been relaxed. Consider coming to a weekday Mass if it will be easier for you. Masses continue to be streamed via the Our Lady Lowestoft website.
2. If you have any Covid symptoms or have had a test and are waiting for the result, the stewards will ask you to return home.
3. You must wear a mask or face covering in church. Please bring your own, if you have one, so we don't have to use up the church's supply.
4. The church toilets will be closed at both churches, excepting at the 10:30 Sunday Mass at OLSS and then only the disabled person's toilet will be open. This is because of safety and cleaning requirements.
5. You may not be able to sit in church where you would like.
6. You must sanitize your hands with the gel provided when you enter **but we have dropped the requirement to sanitize when you leave, because it caused bunching by the tables and people getting too close to each other.**
7. There is no singing. The organ may be playing for you **to listen only.**
8. Communion will be in one kind and with the Host given to you by dropping gently on your hand with your arm outstretched.
9. **We ask you to stay in your pew until the stewards indicate when to come out for Communion.**
10. There are two standing Perspex screens so the priests do not have to wear a visor when distributing communion.

CONFESSIONS

Confessions are available before the 5pm Saturday Mass. They now take place in the Sacristy. There is no queuing system so please speak to Father Paul if you wish to confess.

ST NICHOLAS CHURCH

When we tried the Gas Boiler would not light. The heating engineer has been and reported that the boiler is very badly rusted and probably needs to be replaced. He thinks that with a new pilot injector we may get it going and we have asked him to try that. We don't know when that will get done and in the meantime, we are researching the best long term solution. PLEASE BE READY TO WEAR EXTRA CLOTHING IF IT TURNS COLD.

CONFIRMATIONS 2020:

Please continue to pray for our 12 candidates for Confirmation. Bishop Alan has agreed a date this year, Tuesday 12th November, to come and administer the Sacrament of Confirmation at Our Lady's.

WEDDINGS, BAPTISMS, FUNERALS

Please note that weddings are now limited to 15 attendees and baptisms and funerals are limited to 30 attendees, even if they take place during a Mass.

OCTOBER MONTH OF THE HOLY ROSARY

Please try to pray a decade of the Holy Rosary frequently during this Month. Our Blessed Mother instructs us to pray for the Souls in Purgatory, for Sinners, the Welfare of Mankind and especially the Pandemic.

PRAY FOR THOSE WHOSE ANNIVERSARIES OCCUR ABOUT THIS TIME:

Thomas Seager, William Smith, Colin Spencer, Marguerite Hollands, Merritt, Elizabeth Gottenboth, Geoffrey Mason, Ronald White, Monica Willis, Cecilia Weale, Guido Garzotti, Theresa Spark, Lillian Osborne, Nellie Blythe, Elsie Painter, Kitty Banner, Robert Cooney, Hilda Wells, Anne Tucker, Coral McGarvey, Anthony Burd, Anthony Long, Alfred Scarff, George Bunning.

CHILDREN'S LITURGY

The usual papers are attached.

CAFOD UPDATE

CAFOD family fast day was on Friday the 9th October. This time were helping people facing the worst of the coronavirus crisis. We've all felt the impact of this terrible disease -and this was an opportunity to come together to help the poorest and most vulnerable people in the world survive, rebuild, and heal. Please pray for all those affected. Thank you if you have already donated. For those of you returning envelopes, please place in the box next to the offertory collection. There is still time to donate through the CAFOD website or text CAFOD on 70085 to donate £10.00.

COMMENTARY SIDE OF BULLETIN & SUNDAY PLUS

What you would have seen on the commentary side of the bulletin is attached as is this week's Sunday Plus.